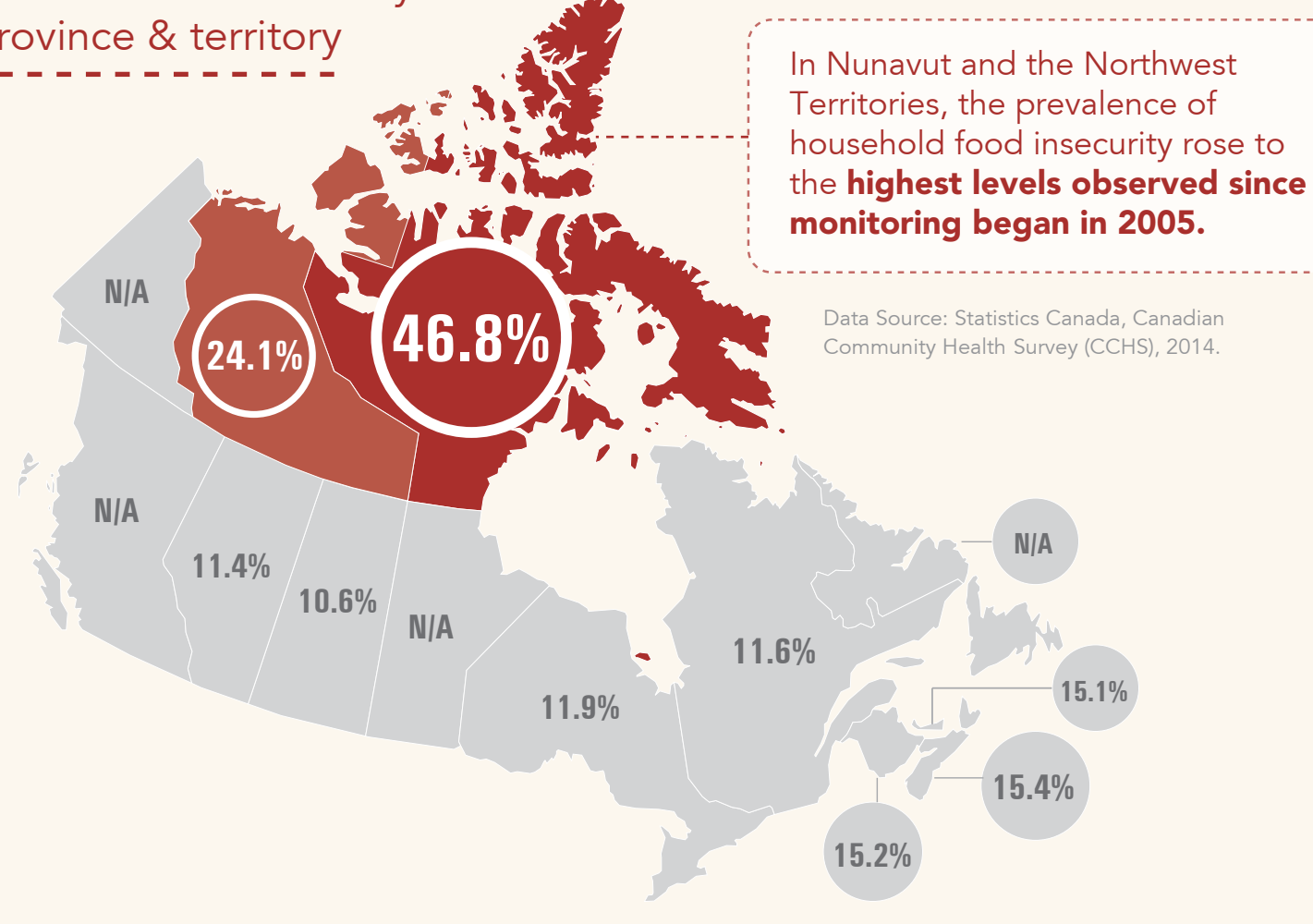


# HOUSEHOLD FOOD INSECURITY IN CANADA 2014

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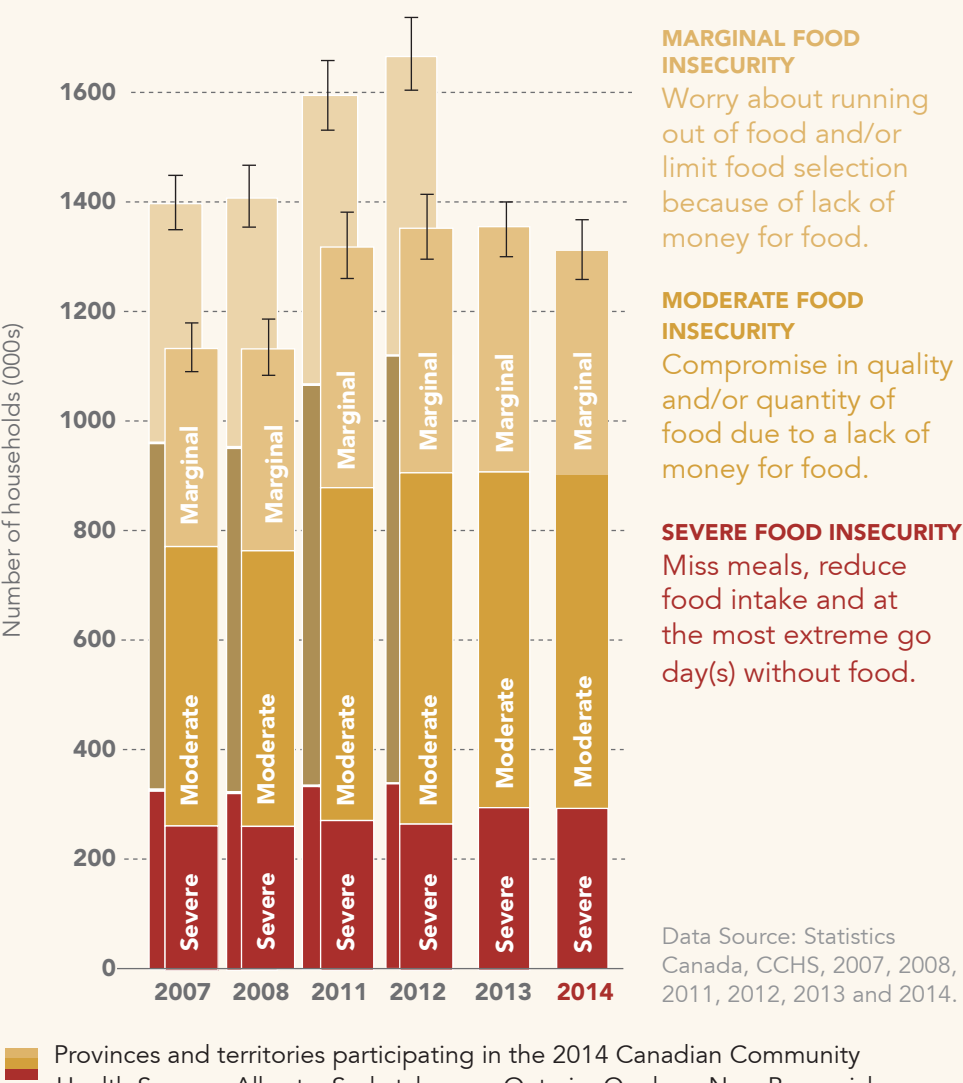
## Household food insecurity by province & territory



In Nunavut and the Northwest Territories, the prevalence of household food insecurity rose to the **highest levels observed since monitoring began in 2005.**

Data Source: Statistics Canada, Canadian Community Health Survey (CCHS), 2014.

## Household food insecurity



**MARGINAL FOOD INSECURITY**  
Worry about running out of food and/or limit food selection because of lack of money for food.

**MODERATE FOOD INSECURITY**  
Compromise in quality and/or quantity of food due to a lack of money for food.

**SEVERE FOOD INSECURITY**  
Miss meals, reduce food intake, and at the most extreme go day(s) without food.



60.9% of households whose major source of income was social assistance were food insecure. However, the majority of food insecure households (62.2%) were reliant on wages or salaries from employment.



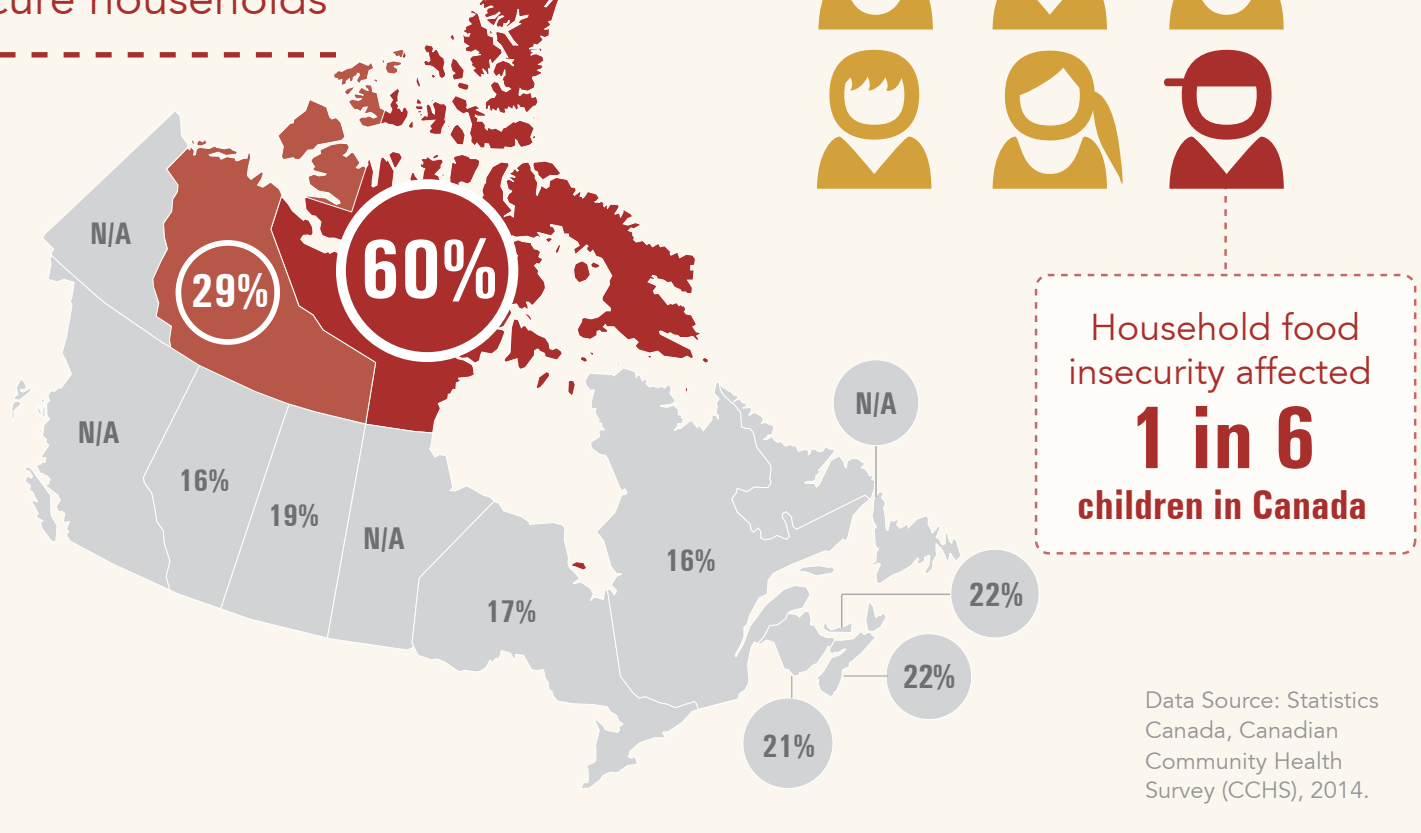
Although there has been rigorous measurement and monitoring of household food insecurity in Canada since 2005, the problem has not abated. And, still almost half of the households in Nunavut experience food insecurity.

Data Source: Statistics Canada, CCHS, 2007, 2008, 2011, 2012, 2013 and 2014.

Provinces and territories participating in the 2014 Canadian Community Health Survey - Alberta, Saskatchewan, Ontario, Quebec, New Brunswick, Nova Scotia, Prince Edward Island, the Northwest Territories, and Nunavut.

All provinces and territories.

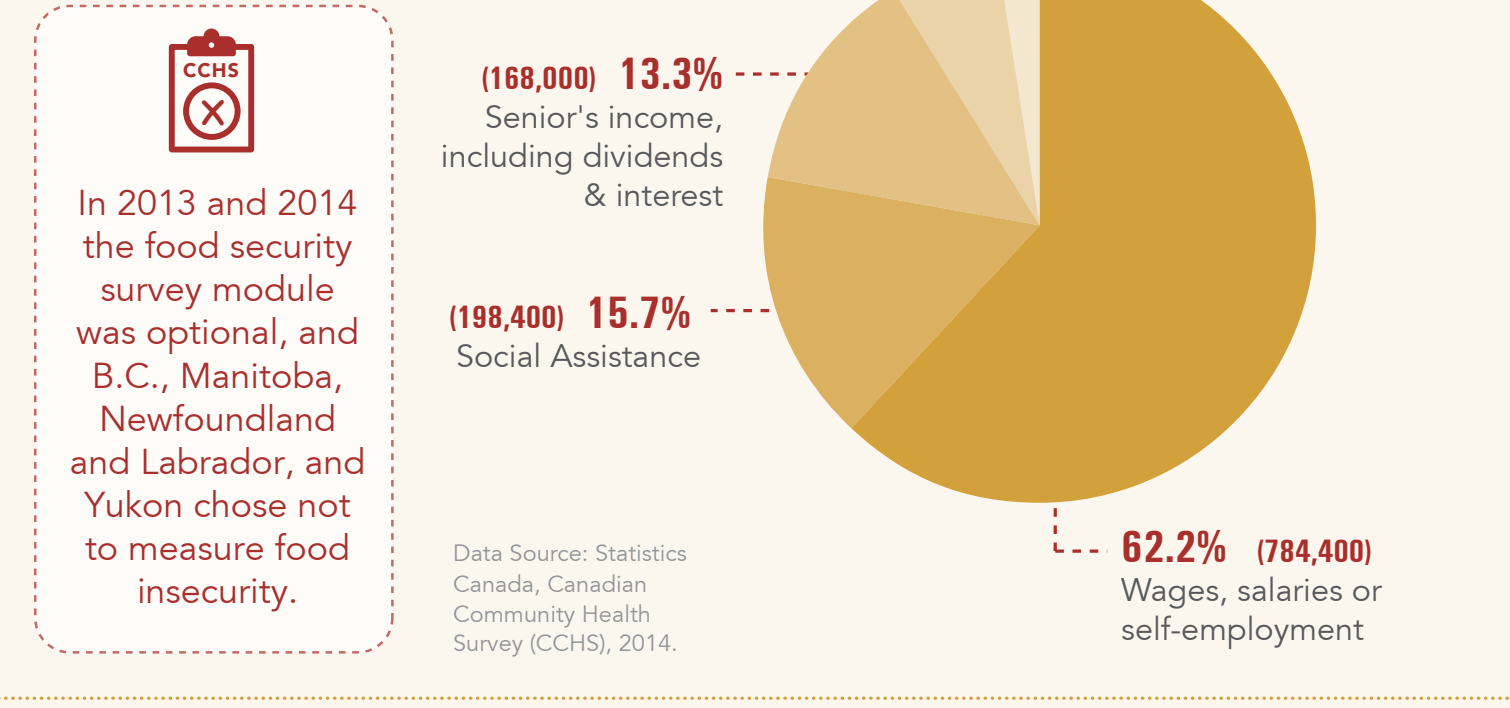
## Proportion of children who lived in food insecure households



Household food insecurity affected **1 in 6** children in Canada

Data Source: Statistics Canada, Canadian Community Health Survey (CCHS), 2014.

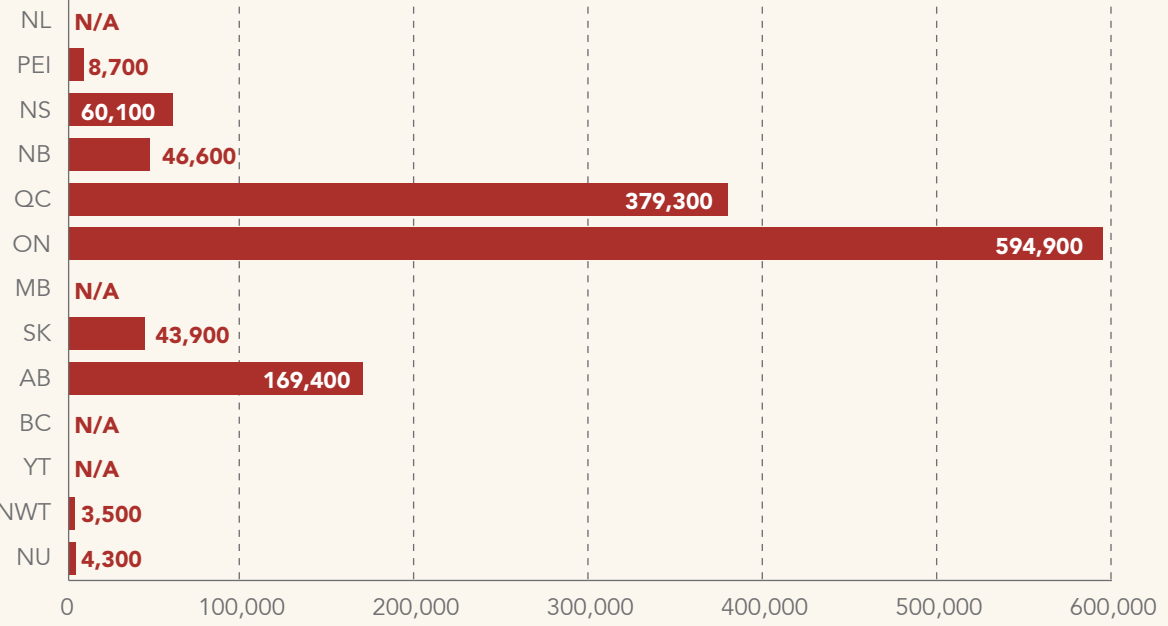
## Food insecure households' main source of income



In 2013 and 2014 the food security survey module was optional, and B.C., Manitoba, Newfoundland and Labrador, and Yukon chose not to measure food insecurity.

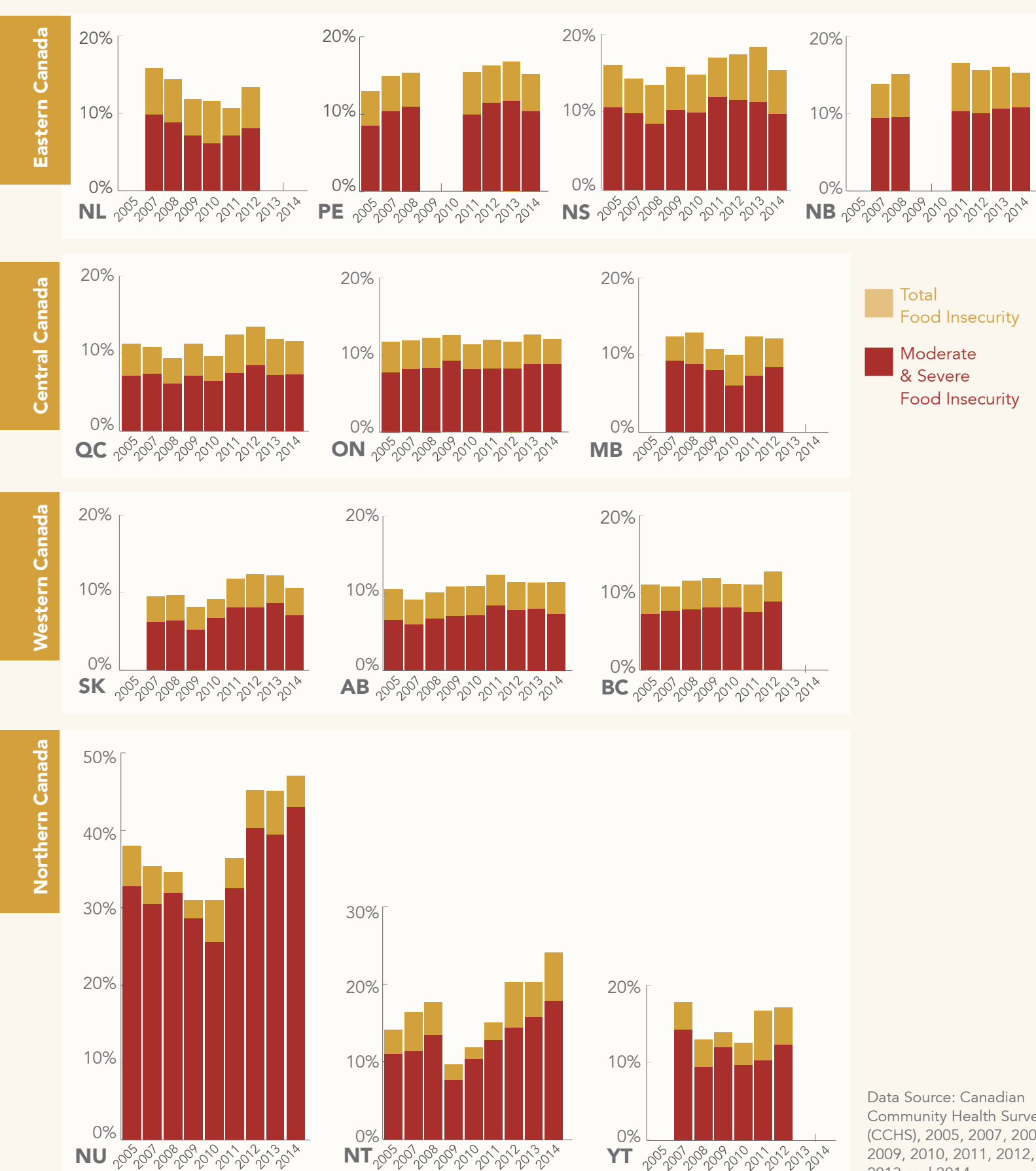
Data Source: Statistics Canada, Canadian Community Health Survey (CCHS), 2014.

## Number of food insecure households by province & territory, 2014



Data Source: Statistics Canada, Canadian Community Health Survey (CCHS), 2014.

## Prevalence of household food insecurity, 2005-2014



Data Source: Canadian Community Health Survey (CCHS), 2005, 2007, 2008, 2009, 2010, 2011, 2012, 2013 and 2014.

**PROOF**  
FOOD INSECURITY  
POLICY RESEARCH

For more information and to read the full report, visit:  
<http://proof.utoronto.ca>